



CONCORDIA  
*dental healthcare*

## Temporary Crowns, Bridges and Veneers

- If a temporary crown or bridge has been placed after your tooth or teeth have been prepared it is essential that this temporary restoration be in place for the entire time before you receive your final crown, bridge or veneer restoration
- The temporary restoration is meant to both protect your prepared tooth as well as to maintain the space and position of your teeth. Drifting of the teeth can occur if the temporary is left off. This could also cause the final crown not to fit
- The temporary restoration is not particularly strong and in some cases it may break or come off. This is not a problem as it can either be replaced or re cemented until your final porcelain or ceramic restoration is fitted
- After tooth preparation it is possible that your prepared tooth could be sensitive to temperature or certain foods. This is because the temporary does not fit your mouth like your final crown and the material that it is made from is not as strong. This does not happen in every case however if it does the sensitivity may only last for 3 to 5 days
- Certain foods will stick to the temporary restoration so refrain from chewing sticky foods that may pull it off
- Try to shift the bulk of your chewing to the other side of your mouth and avoid chewing hard or crunchy foods which could dislodge or break the temporary restoration
- The temporary restorations are made from a material that certain foods can stain so try to avoid any highly pigmented foods such as red wine, curries, dark berries, and black coffee
- As a general rule try to avoid any food that would stain a white shirt
- Once your permanent ceramic or porcelain restorations are fitted they will not stain so you will not have to worry about staining occurring

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